

RECIPE ALLERGEN SUMMARY

	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soybeans	Sulphur Dioxide
Apple														
Baked Beans														
Banana														
Basmati Rice														
Beef Chilli					?									
<i>May contain: Gluten (Wheat)</i>														
Beetroot														
Bolognese Sauce														
Bolognese Sauce Halal	•													
Broccoli														
Carrots														
Cauliflower & Broccoli Mornay filled Yorkshire Pudding			•		•		•							
<i>Contains: Gluten (Wheat)</i>														
Cheese & Tomato Pizza					•		•							
<i>Contains: Gluten (Wheat)</i>														
Cheese and Tomato Quiche			•		•		•		•					•
<i>Contains: Gluten (Wheat)</i>														
Chicken Casserole	•				•									
<i>Contains: Gluten (Wheat)</i>														
Chicken Casserole Halal	•				•									
<i>Contains: Gluten (Wheat)</i>														
Chicken Curry	•				?				•					
<i>May contain: Gluten (Wheat)</i>														
Chicken Curry Halal	•				?				•					
<i>May contain: Gluten (Wheat)</i>														
Chicken Tikka	○	○	○	○	?	○	○	○	○		○	○	○	○
<i>May contain: Gluten (Wheat)</i>														
Chips														
Chocolate Ice Cream							•							
Coleslaw			•											
Cream							•							
Cucumber														
Custard							•							
Fish Fillet				•	•									
<i>Contains: Gluten (Wheat)</i>														
Fish Fingers				•	•									
<i>Contains: Gluten (Wheat)</i>														
French Bread (granary)					•							•		
<i>Contains: Gluten (Barley, Wheat)</i>														
French Bread (white)					•							•		
<i>Contains: Gluten (Wheat)</i>														

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Fromage Frais (yeo valley)							•							
Ginger Cake			•		•		•							
<i>Contains: Gluten (Wheat)</i>														
Glamorgan Sausages					•		•		•					
<i>Contains: Gluten (Wheat)</i>														
Grated Carrot														
Gravy														
Gravy (Vegetarian)	•				•								•	
<i>Contains: Gluten (Barley, Wheat)</i>														
Honey Roasted Vegetables	•			•	•								•	
<i>Contains: Gluten (Barley, Wheat)</i>														
Hunters Chicken	•			•	•								•	
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
Hunters Chicken Halal	•			•	•								•	
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
Jacket Potato with Baked Beans														
Jacket Potato with Cheese							•							
Jacket Potato with Tuna Mayonnaise			•	•										
Lemon Drizzle Cake			•		•		•							
<i>Contains: Gluten (Wheat)</i>														
Lettuce														
Macaroni Cheese					•		•							
<i>Contains: Gluten (Wheat)</i>														
Mashed Potato							•							
New Potatoes														
Orange														
Peaches														
Pears														
Peas														
Pepperoni Pizza					•		•							
<i>Contains: Gluten (Wheat)</i>														
Peppers														
Pilau Rice					?									
<i>May contain: Gluten (Wheat)</i>														
Pineapple														
Quorn Bolognaise	•		•		•									
<i>Contains: Gluten (Barley)</i>														
Rainbow Sprinkle Cake			•		•		•							
<i>Contains: Gluten (Wheat)</i>														
Raspberry Ripple Cake			•		•		•							
<i>Contains: Gluten (Wheat)</i>														

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Roast Beef														
Roast Beef Halal														
Roast Chicken														
Roast Chicken (Halal)														
Roast Potatoes													•	•
Salmon in Cheese Sauce				•	•		•							
<i>Contains: Gluten (Wheat)</i>														
Sausages					•								•	
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
Sausages (halal)					•									•
<i>Contains: Gluten (Wheat)</i>														
Seasonal Vegetable Crumble	•				•		•							
<i>Contains: Gluten (Wheat)</i>														
Shepherds Pie							•							
Shepherds Pie Halal							•							
Spaghetti Hoops					•									
<i>Contains: Gluten (Wheat)</i>														
Spiced Cabbage					?									
<i>May contain: Gluten (Wheat)</i>														
Sticky Toffee Pudding			•		•		•							
<i>Contains: Gluten (Wheat)</i>														
Strawberry Ice Cream							•							
Sweetcorn														
Tomato Ketchup														
Tomatoes														
Vegetable Chilli	•				?				•					
<i>May contain: Gluten (Wheat)</i>														
Vegetable Nuggets					•									
<i>Contains: Gluten (Wheat)</i>														
Vegetable Pakora														
Vegetable Pizza					•		•							•
<i>Contains: Gluten (Wheat)</i>														
Vegetable Samosa					•									
<i>Contains: Gluten (Wheat)</i>														
Vegetable, Chickpea & Lentil Curry	•								•					
Yorkshire Pudding			•		•		•							
<i>Contains: Gluten (Wheat)</i>														

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							?						
							●						

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