

RECIPE ALLERGEN SUMMARY

	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soybeans	Sulphur Dioxide
Apple														
Banana														
Basmati Rice														
Beef Casserole	•													
Beetroot														
Black olives														
Bolognaise Sauce														
Bolognaise Sauce Halal	•													
Broccoli														
Carrots														
Cheese & Tomato Pizza					•		•							
<i>Contains: Gluten (Wheat)</i>														
Cheese Sandwich					•		•					?	•	
<i>Contains: Gluten (Wheat)</i>														
<i>May contain: Gluten (Barley)</i>														
Chicken Tagine														
Chips														
Chocolate Cake			•		•		?							?
<i>Contains: Gluten (Wheat)</i>														
Chocolate Custard							•							
Chocolate Ice Cream							•							
Coconut Cake			•		•								?	•
<i>Contains: Gluten (Wheat)</i>														
Coleslaw			•											
Couscous					•									
<i>Contains: Gluten (Wheat)</i>														
Cream							•							
Creamy Fromage Frais #1							•							
Creamy Garlic Chicken					•		•							
<i>Contains: Gluten (Wheat)</i>														
Cucumber														
Custard							•							
Egg Sandwich			•		•							?	•	
<i>Contains: Gluten (Wheat)</i>														
<i>May contain: Gluten (Barley)</i>														
Fish Fingers				•	•									
<i>Contains: Gluten (Wheat)</i>														
Fishcakes				•	•		•		•					
<i>Contains: Gluten (Wheat)</i>														

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French Bread (granary)					•							?		
<i>Contains: Gluten (Barley, Wheat)</i>														
French Bread (white)					•							?		
<i>Contains: Gluten (Wheat)</i>														
Fromage Frais #2							•							
Fromage Frais #3							•							
Fruit Cocktail														
Ginger Cake			•		•		•							
<i>Contains: Gluten (Wheat)</i>														
Gravy														
Green Beans														
Ham Sandwich					•							?	•	
<i>Contains: Gluten (Wheat)</i>														
<i>May contain: Gluten (Barley)</i>														
Jacket Potato with Baked Beans														
Jacket Potato with Cheese							•							
Jacket Potato with Tuna Mayonnaise			•	•										
Katsu Chicken	?				•		?		?				•	
<i>Contains: Gluten (Wheat)</i>														
Lemon Drizzle Cake			•		•								?	
<i>Contains: Gluten (Wheat)</i>														
Lettuce														
Mandarin Oranges														
Mashed Potato			?		?		•							
<i>May contain: Gluten (Wheat)</i>														
Mexican Savoury Beef Tacos					?									
<i>May contain: Gluten (Wheat)</i>														
Mexican Savoury Beef Tacos Halal					?									
<i>May contain: Gluten (Wheat)</i>														
Mini Spring Rolls					•								•	
<i>Contains: Gluten (Wheat)</i>														
Mixed vegetables														
Moroccan Vegetable Stew	•													
New Potatoes														
Olives														
Orange														
Pasta Twists					•									
<i>Contains: Gluten (Wheat)</i>														
Peaches														
Pears														

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Peas														
Pepperoni Pizza					•		•							
<i>Contains: Gluten (Wheat)</i>														
Peppers														
Pineapple														
Quorn Sausages			•		•		•							
<i>Contains: Gluten (Barley, Wheat)</i>														
Rainbow Sprinkle Cake			•		•									
<i>Contains: Gluten (Wheat)</i>														
Roast Beef														
Roast Beef Halal														
Roast Chicken														
Roast Chicken (Halal)														
Roast Pork														
Roast Potatoes #1														
Roasted Mediterranean Vegetable Fajita	•				•									
<i>Contains: Gluten (Wheat)</i>														
Satsumas														
Sausages					•									•
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
Sausages (halal)					•									•
<i>Contains: Gluten (Wheat)</i>														
Savoury Rice	•													
Spaghetti Hoops					•									
<i>Contains: Gluten (Wheat)</i>														
Strawberry Ice Cream							•							
Swede														
Sweet Potato Falafel														
Sweetcorn														
Thai Green Chicken Curry														•
Thai Red Curry Vegetables														
Tomato Ketchup														
Tomatoes														
Tuna Sandwich			•	•	•									
<i>Contains: Gluten (Barley, Wheat)</i>														
Vanilla Ice Cream							•							
Vegan Bolognaise													•	
Vegan Mashed Potato														
Vegan Pizza														

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Vegetable Bake	●			●	●									
<i>Contains: Gluten (Barley, Wheat)</i>														
Vegetable Nuggets					●									
<i>Contains: Gluten (Wheat)</i>														
Vegetable Pasta Bake					●									
<i>Contains: Gluten (Barley, Wheat)</i>														
Vegetable Plait	●				●									
<i>Contains: Gluten (Wheat)</i>														
Vegetable Samosa					●									
<i>Contains: Gluten (Wheat)</i>														
Vegetable Swirl					●									
<i>Contains: Gluten (Wheat)</i>														
Winter Vegetable and Bean Casserole	●													

- Recipe allergen **missing data**
- Recipe **may contain** allergen
- Recipe **contains** allergen

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