



# COLHAM CATERING MENU AUTUMN TERM 2022



## WEEK 1

5th Sept, 26th Sept, 17th Oct, 14th Nov, 5th Dec

### MONDAY

Beef Burger in a bun   
Vegetable Burger in a bun   
Mandarins & Cream

### TUESDAY

Sweet & Sour Chicken   
Sweet & Sour Vegetables   
Lemon Drizzle Cakes & Custard

### WEDNESDAY

Roast Chicken   
Roast Beef   
Vegetable Spiral   
Fromage Frais

### THURSDAY

Meatballs in Tomato Sauce   
Veggie Balls in Tomato Sauce   
Apple Cake & Custard

### FRIDAY

Fish Fingers  
Mini Spring Rolls   
Strawberry Ice Cream



## WEEK 2

12th Sept, 3rd Oct, 31st Oct, 21st Nov, 12th Dec

### MONDAY

Sausages   
Quorn Sausages   
Cheese & Crackers



### TUESDAY

Hunters Chicken   
BBQ Salmon Mushroom Stroganoff   
Carrot Cake & Custard


### WEDNESDAY

Roast Chicken   
Roast Beef   
Stuffed Peppers   
Fromage Frais

### THURSDAY

Shepherds Pie   
Veggie Shepherds Pie   
Chocolate Cake & Chocolate Sauce

### FRIDAY

Battered Fish Portion  
Vegetable Nuggets   
Vanilla Ice Cream

## WEEK 3

19th Sept, 10th Oct, 7th Nov, 28th Nov, 19th Dec

### MONDAY

Cheese & Tomato Pizza   
Pepperoni Pizza  
Cheese & Tomato Pizza   
Fruit Cocktail & Cream




### TUESDAY

Spanish Chicken   
BBQ Roasted Vegetables   
Ginger Cake & Custard

### WEDNESDAY

Roast Chicken   
Roast Beef   
Seasonal Vegetable Crumble   
Fromage Frais

### THURSDAY

Macaroni Cheese   
Beef & Baked Bean Chilli   
Vegan Mac & Cheese   
Sprinkle Cake & Custard

### FRIDAY

Fish Fingers  
Vegetable Samosa   
Chocolate Ice Cream

AVAILABLE DAILY (All Items Subject To Availability)

### SALAD BAR

Lettuce, Tomato, Cucumber, Peppers, Grated Carrot,  
Beetroot, Pineapple, Sultanas, Coleslaw,  
Seasonable Vegetables

### SANDWICH FILLINGS

Ham, Cheese (v), Tuna, Egg (v), Choono (vg)

### JACKET POTATOES

Grated Cheese, Tuna Mayonnaise, Baked Beans  
Fresh Fruit  
White & Granary Bread

 = Suitable for Vegetarians |  = Halal Meat Option Available |  = Suitable for Vegans |  = Gluten Free