



RECIPE ALLERGEN SUMMARY

	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soybeans	Sulphur Dioxide
Apple														
Apricot Cake			•		•		•							•
<i>Contains: Gluten (Wheat)</i>														
Baked Beans														
Banana														
Basmati Rice														
B-B-Q Chicken Pizza	•			•	•		•							•
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
B-B-Q Chicken Pizza Halal	•			•	•		•							•
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
Beef Burger in a Bap					•							?	•	•
<i>Contains: Gluten (Wheat)</i>														
Beef Burger in a Bap Halal					•							?		•
<i>Contains: Gluten (Wheat)</i>														
Beef Noodles Sauce					•							?	•	
<i>Contains: Gluten (Wheat)</i>														
Beef Noodles sauce halal					•								•	
<i>Contains: Gluten (Wheat)</i>														
Beetroot														
Bolognese Sauce														
Bolognese Sauce Halal	•													
Broccoli														
Carrots														
Cheese & Tomato Pizza					•		•							
<i>Contains: Gluten (Wheat)</i>														
Cheese and Crackers					•		•							
<i>Contains: Gluten (Wheat)</i>														
Cheese Sandwich					•		•					?	•	
<i>Contains: Gluten (Wheat)</i>														
<i>May contain: Gluten (Barley)</i>														
Chicken Tacos	•				•									
<i>May contain: Gluten (Wheat)</i>														
Chips														
Chocolate Chip Cake			•		•		•						•	
<i>Contains: Gluten (Wheat)</i>														
Chocolate Custard							•							
Chocolate Ice Cream							•							
Chocolate Sponge Pudding			•		•		•							
<i>Contains: Gluten (Wheat)</i>														
Coconut Rice	•													



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Cod bites				•	•									
<i>Contains: Gluten (Wheat)</i>														
Coleslaw			•											
Couscous Salad					•				•					
<i>Contains: Gluten (Wheat)</i>														
Cream							•							
Cucumber														
Egg Sandwich			•		•							?	•	
<i>Contains: Gluten (Wheat)</i>														
<i>May contain: Gluten (Barley)</i>														
Fish Fingers				•	•									
<i>Contains: Gluten (Wheat)</i>														
French Bread (granary)					•							?		
<i>Contains: Gluten (Barley, Wheat)</i>														
French Bread (white)					•							?		
<i>Contains: Gluten (Wheat)</i>														
Fromage Frais (yeo valley)							•							
Fruity Chicken Curry									•					
Fruity Chicken Curry Halal									•					
Fusilli					•									
<i>Contains: Gluten (Wheat)</i>														
Gingerbread Men					•		?						?	
<i>Contains: Gluten (Wheat)</i>														
Glamorgan Sausages					•		•							
<i>Contains: Gluten (Wheat)</i>														
Grated Carrot														
Gravy														
Gravy (Vegetarian)	•				•								•	
<i>Contains: Gluten (Barley, Wheat)</i>														
Gravy Gluten Free														
Ham Sandwich					•		•					?	•	
<i>Contains: Gluten (Wheat)</i>														
<i>May contain: Gluten (Barley)</i>														
Hunters Chicken	•			•	•								•	
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
Hunters Chicken Halal	•			•	•								•	
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
Jacket Potato														
Jacket Potato with Baked Beans														
Jacket Potato with Cheese							•							
Jacket Potato with Cheese and Beans							•							



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Jacket Potato with Cheese and Sweetcorn							•							
Jacket Potato with Tuna and Cheese			•	•			•							
Jacket Potato with Tuna and Sweetcorn			•	•										
Jacket Potato with Tuna Mayonnaise			•	•										
Jam Doughnut			?		•		?					?	•	
<i>Contains: Gluten (Wheat)</i>														
Lemon Drizzle Cake			•		•		•							
<i>Contains: Gluten (Wheat)</i>														
Lettuce														
Mac and Cheese Bites					•		•							
<i>Contains: Gluten (Wheat)</i>														
Meatballs in Tomato & Basil Sauce	•		•		•									
<i>Contains: Gluten (Wheat)</i>														
Mediterranean Vegetable Yorkshire Pudding			•		•		•							
<i>Contains: Gluten (Wheat)</i>														
Mini Blueberry Muffin			•		•		•			?			?	
<i>Contains: Gluten (Wheat)</i>														
<i>May contain: Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
Orange														
Party Rings					•								•	
<i>Contains: Gluten (Wheat)</i>														
Pasta Salad	•				•									
<i>Contains: Gluten (Wheat)</i>														
Pasta Twists					•									
<i>Contains: Gluten (Wheat)</i>														
Peas														
Pepperoni Pizza					•		•							
<i>Contains: Gluten (Wheat)</i>														
Peppers														
Pineapple														
Potato Salad			•											
Quick Coleslaw			•											
Quorn Veggie Balls in Tomato and Basil Sauce	•				•								•	
<i>Contains: Gluten (Barley, Wheat)</i>														
Rainbow Sprinkle Cake			•		•		•							
<i>Contains: Gluten (Wheat)</i>														
Roast Beef														
Roast Beef Halal														
Roast Chicken														
Roast Chicken (Halal)														
Roast Potatoes	?												•	



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Roasted Vegetable Wrap	•				•		•							
<i>Contains: Gluten (Wheat)</i>														
Salmon and Pea Pasta	•	○	○	•	•	○	•	○	○	○	○	○	○	○
<i>Contains: Gluten (Wheat)</i>														
<i>Missing data: Gluten (Barley, Oats, Rye) Nuts (Almonds, Brazils, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios, Walnuts)</i>														
Satsumas														
Sausage in a Roll					•							?		•
<i>Contains: Gluten (Barley, Oats, Rye, Wheat)</i>														
Sausage in a Roll Halal					•							?		•
<i>Contains: Gluten (Wheat)</i>														
Shortbread Biscuit					•		•							
<i>Contains: Gluten (Wheat)</i>														
Spaghetti Hoops					•									
<i>Contains: Gluten (Wheat)</i>														
Spanish Omlette			•				•							•
Spring Roll with Sweet & Sour Sauce					•								•	
<i>Contains: Gluten (Wheat)</i>														
Strawberry Ice Cream							•							
Stuffed Peppers							•							
Sultanas														
Sweetcorn														
Tomato Ketchup														
Tomatoes														
Tuna Sandwich			•	•	•							?	•	
<i>Contains: Gluten (Wheat)</i>														
<i>May contain: Gluten (Barley)</i>														
Vanilla Ice Cream							•							
Vegetable and Cheese Tart					•		•							
<i>Contains: Gluten (Wheat)</i>														
Vegetable Chilli	•				?				•					
<i>May contain: Gluten (Wheat)</i>														
vegetable Noodles			•		•								•	
<i>Contains: Gluten (Barley, Wheat)</i>														
Vegetable Quesadilla					•		•							
<i>Contains: Gluten (Wheat)</i>														
VEGETABLE SAUSAGE					•									
<i>Contains: Gluten (Wheat)</i>														
Vegetable, Chickpea & Lentil Curry	•								•					
Watermelon														



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- Recipe allergen **missing** data
- ⚠ Recipe **may contain** allergen
- Recipe **contains** allergen

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